



What to Expect on Run Day

- 7:30** *** Only for those that didn't attend Thursday Safety Meeting **
Safety Meeting by Five Points Statue
- 8:00** **Arrive at 5 Points Washington parking lot.** Please be prompt!
Please be sure to have your safety vest. Turn in fundraising money.
Put bags in the team vehicle.
- Restrooms:** If you need to use the restroom before we leave, you can use the public restrooms at Five Points.
- 8:15** **All money should be turned in.**
- 8:25** **Group run photo.** Please meet by the chase van
- 8:30** **Send-off Speeches.** We will be talking about safety, and we will receive a blessing. We will also hear from the Run Office.
- 9:00** **Leave on first leg.** Each team vehicle will have a driver and a volunteer(s) assigned to it. Water/Gatorade will be provided along with light snacks for runners and volunteers. When runners reach the end of each leg, runners in the vehicles not running the next leg can still exit the vehicle and hand out water/Gatorade to runners continuing. If you are not running the next leg, it is nice to get out and stretch and to cheer on the other runners.
- 4:00** **Arrive at Peoria Civic Center.** Run into the North Civic Center parking lot. We made it!
- 4:00-4:30** **Clean up.** Clean up and change into orange Washington to Peoria St. Jude t-shirts.
- Showers:** Showers are available at Peoria Civic Center
- 4:40** **Runners and volunteers line-up on the road next to the North Civic Center parking lot to run into the Civic Center.** Look for Washington Banner
- FRIENDS & FAMILY:** Please have your friends and family cheer you in on Fulton Street.

7:45

GROUP PICTURE *(Inside Civic Center at the photo background)*

IMPORTANT INFORMATION from the Run Office

SAFETY: Please remember how important it is for all runners to comply with our safety regulations and guidelines. Everyone out on the road must be wearing a reflective safety vest...NO EXCEPTIONS. No vest, no running!

No personal music devices

RUNNING: No one should be at head of the pack, and if someone is behind the group everyone should slow down...as St. Jude Runners we only run as fast as the slowest runner.